

SESSIONS:

- SUSTAINABILITY
- HEALTH & SAFETY
- DECARBONIZATION
- TECHNICAL SOLUTIONS
- DIGITAL ENVIRONMENT
- POLICIES & LEGISLATION
- **ENERGY EFFICIENCY FIRST**
- RESILIENCE TO CLIMATE CRISIS

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Field Assessment of Indoor Environmental Quality and Energy Consumption in a Hellenic Dwelling

Indoor Environmental Quality

>Thermal comfort

➤ Indoor Air Quality

Energy Consumption



Field assessment in an urban residence

DATA recorded for a year (min, hour, day)

➤Indoor and Outdoor T, RH, CO₂, PM, VOC

> Energy consumption

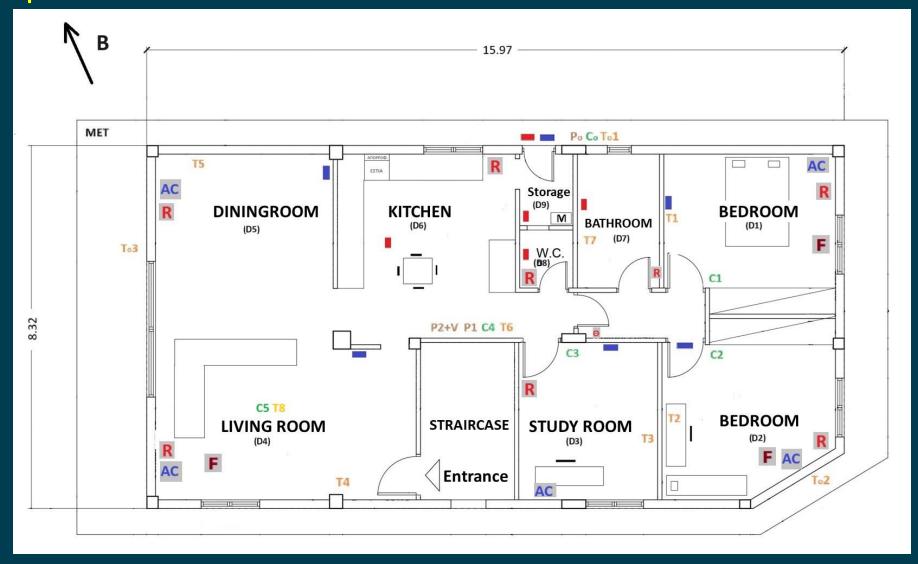


Dwelling

- Typical household family of three
- 120m²
- Renovated 2021
- Class B+
- Heating: Central hydronic system, natural gas boiler 24kW and radiators
- Cooling: five a/c (split-type) 2,5 -4,2kW plus three floor fans
- DHW: Solar water heater and natural gas boiler
- Ventilation: Central MVHR, MERV13 filter, HR: 92%
- Airtightness: 1,84 ACH at 50Pa (Blower door test)

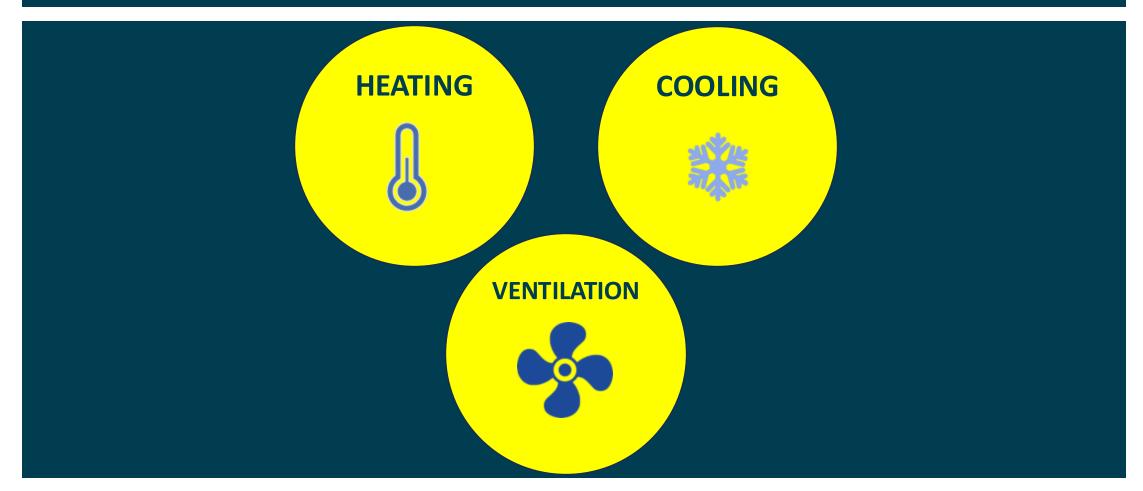


Floor plan



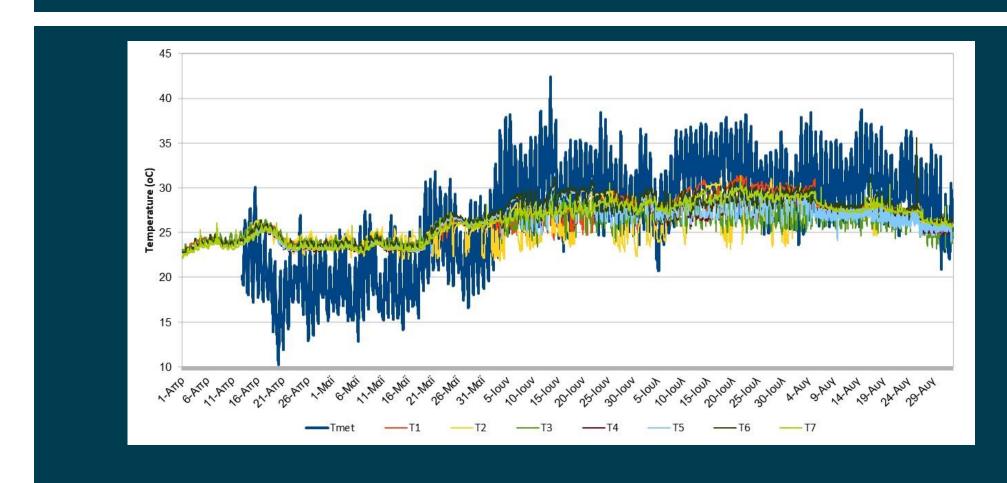


Operating scenarios



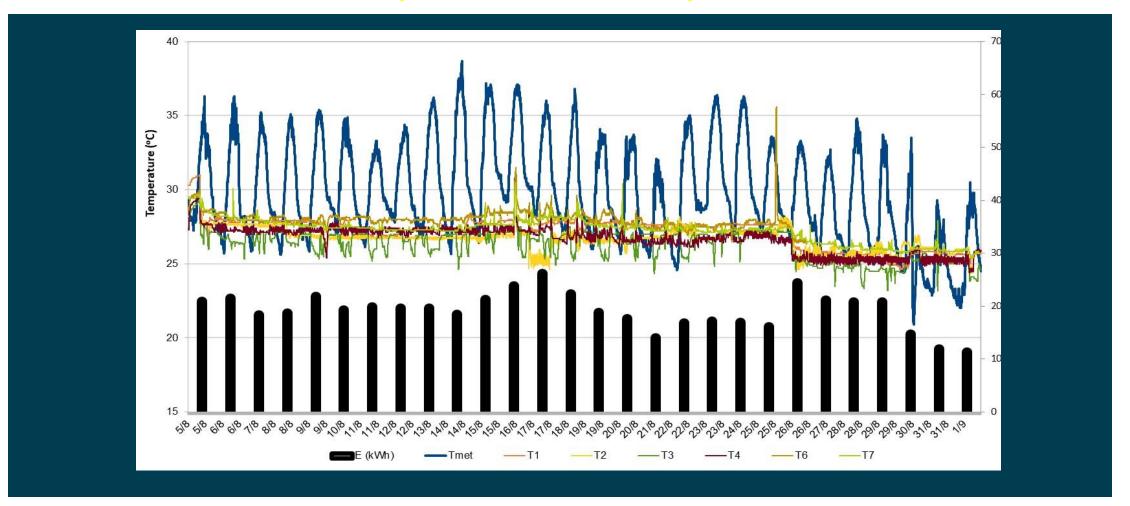


Preliminary data – Indoor temperatures



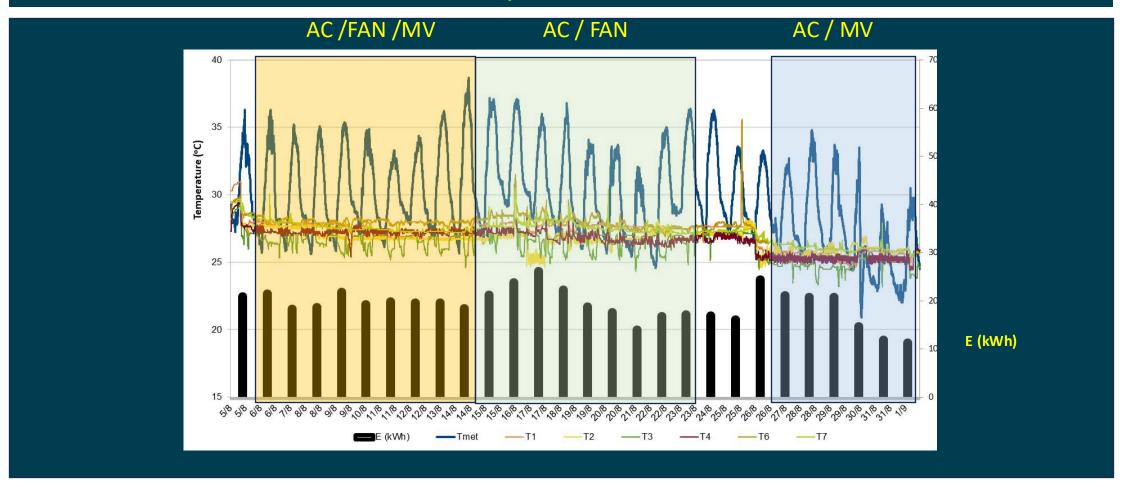


Preliminary data — August Energy consumption & Temperatures



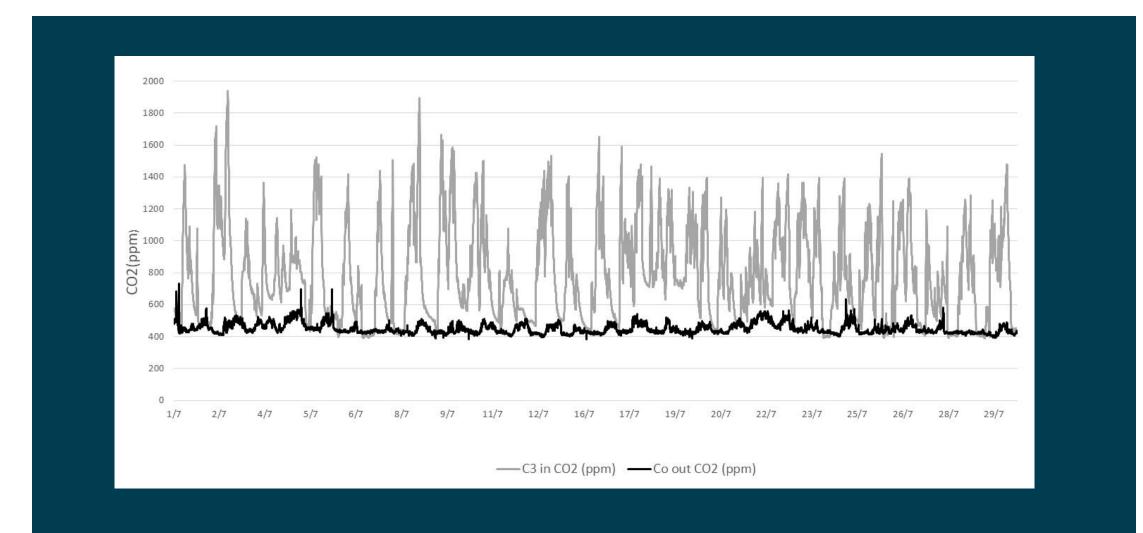


Preliminary data – August Energy consumption & Temperatures

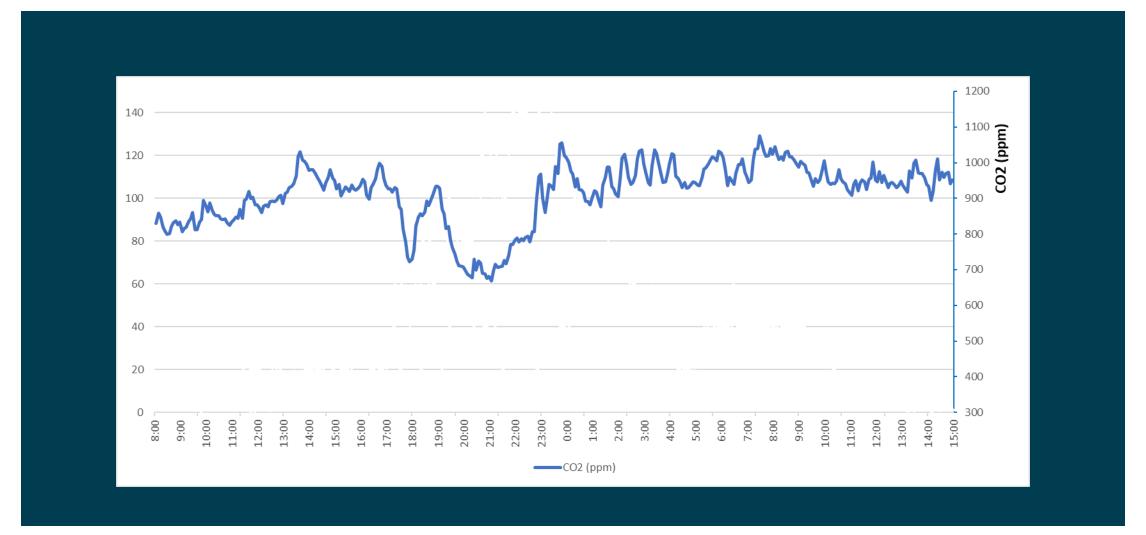




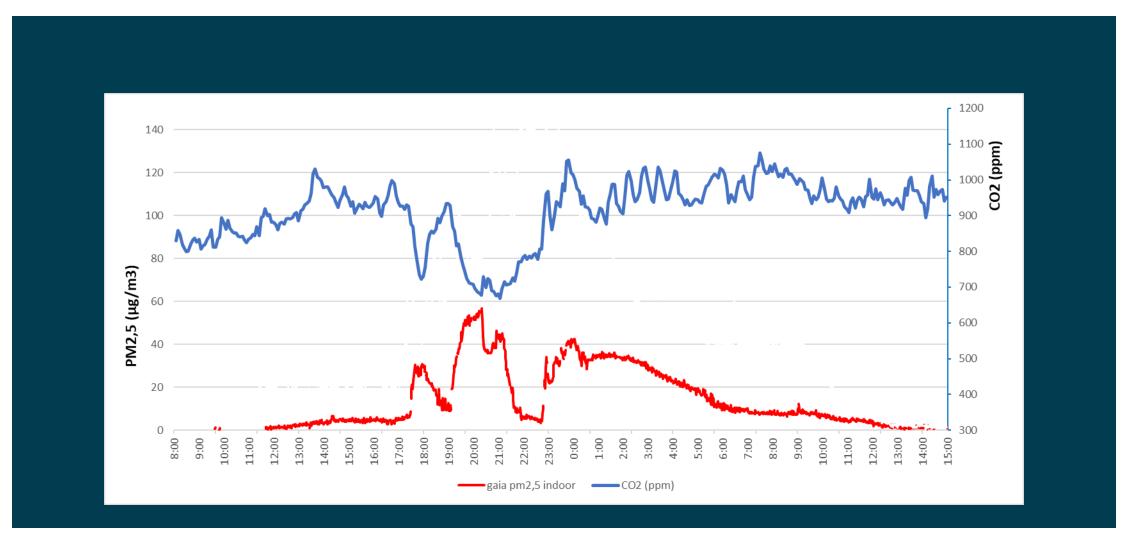
Preliminary data – CO₂ levels in Study room



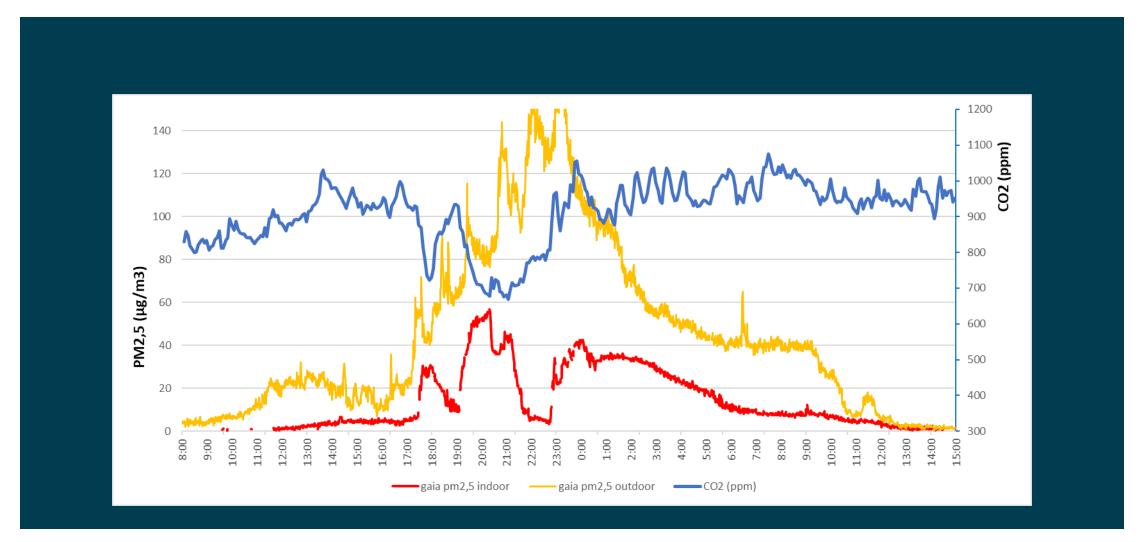




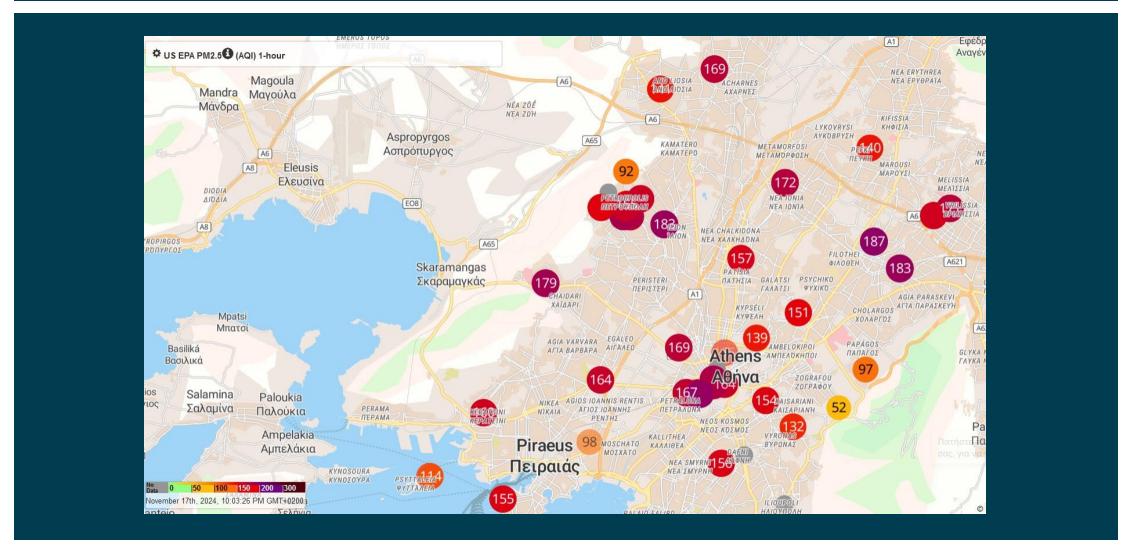






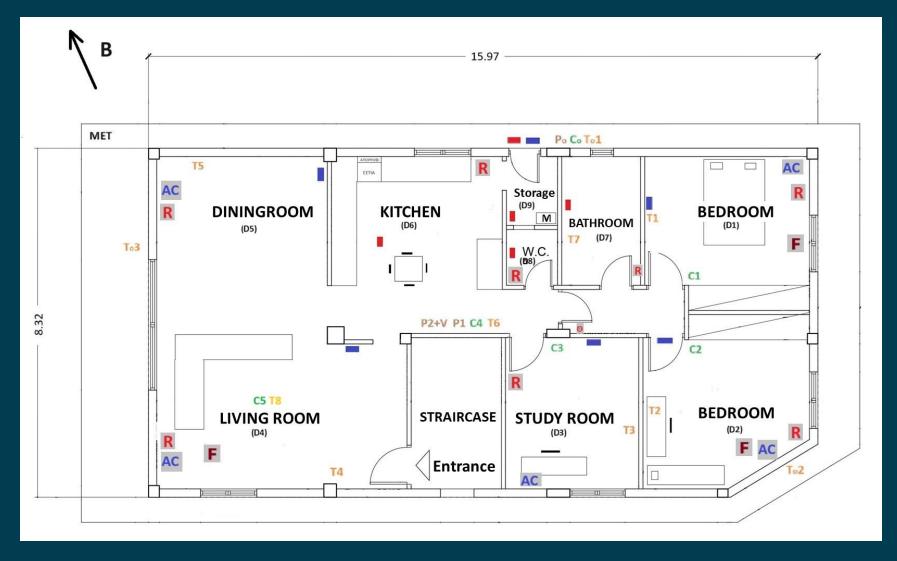








Floor plan





Conclusion

- ➤ Monitor operation and indoor conditions
- Assess thermal comfort, air quality and energy consumption, under different operating scenarios
- > Find correlations
- > Identify proper operating solutions and good practices

► Best indoor conditions – least amount of energy



Part of MSc Thesis in Sustainable Design of the Building's Indoor Environment School of Applied Arts and Sustainable Design Hellenic Open University





THANK 0 & A

@ ATHENS GREECE

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