

Event:

Energy in Buildings Athens Conference 2025

Date:

Saturday November 15, 2025

Place:

Divani Caravel Hotel Athens, Greece



#	Dr. Maria Sinou Architectural Engineer, MPhil, PhD	
Title:	Professor of Sustainable Design of Buildings and Outdoor Spaces, Department of Interior Design, University of West Attica	
email:	msinou@uniwa.gr	•
Presentation title:	The Perspective of a Small Urban Space Network as an Answer to the Scarcity of Available Public Spaces in City Centers	
A green urban network accessible to all is significant in order for people to socialize and create permeable and rigid environments that promote health and wellbeing. Green spaces in cities can also provide cooling through shading and enhanced evapotranspiration, thus reducing the heat island effect that occurs in many cities. This approach includes the connection between different types of open spaces as squares, parks of all sizes and green corridors, but especially of small and very small urban green spaces that can create a substantial green repository for high density cities.		
Short CV (EN) :		
Dr Maria Sinou is Professor of Sustainable Design in the University of West Attica, Department of Interior Design and Director of the MA course 'Sustainable Design of Architectural Space'. Also, she is member of the committee of Sustainable Development of the University of West Attica. Her research interests involve Zero Energy Buildings, sustainable design of interior spaces, autonomous buildings, sustainable refurbishment of historic buildings, sustainable design of small urban spaces and others.		
Short CV (GR) :		
Η Δρ Μάρω Σίνου είναι Καθηγήτρια Αειφορικού Σχεδιασμού Εσωτερικών και Εξωτερικών Χώρων στο Πανεπιστήμιο Δυτικής Αττικής στο Τμήμα Εσωτερικής Αρχιτεκτονικής. Τα ερευνητικά της ενδιαφέροντα είναι πάνω στον Αειφορικό Σχεδιασμό Κτιρίων και στον Αειφορικό Σχεδιασμό Υπαίθριων Χώρων και Αστικών Συνόλων. Έχει συμμετάσχει σε ερευνητικά προγράμματα (π.χ. RUROS with University of Cambridge, Life with Panteion University, ESPON etc.) και έχει πολλές δημοσιεύσεις σε διεθνή και ελληνικά συνέδρια και περιοδικά. Επίσης δραστηριοποιείται ως ελεύθερος επαγγελματίας στη μελέτη εσωτερικών χώρων αλλά και κτιρίων με έμφαση στον βιοκλιματικό σχεδιασμό.		

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