


Event:

	<p>HEALTH in BUILDINGS <b>HYGEIA 2026</b> <i>where the medical &amp; engineering professions collaborate &amp; innovate</i></p>	
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May 27-29, 2026 - Island of KOS, Greece

<b>#</b>	<b>Konstantinos Chatzidavid</b>	
Title:	President of the Non-Profit Civil Company "ARSINOI" Special Education Teacher	
email:	kostashatz@hotmail.gr	<span style="color: red;">•</span>
Presentation title:	<b>Insularity, Spatial Planning and the Development of Social Structures: Challenges and Prospects on the Island of Hippocrates</b>	
<p>Insularity constitutes a complex spatial, social, and developmental condition that critically affects infrastructure planning, the operation of social welfare structures, and the sustainability of local communities. The case of Kos, an island characterized by intense tourism activity, particular geopolitical significance, and substantial population fluctuations, highlights both the contradictions and the potential of contemporary spatial planning within island territories.</p> <p>This paper examines the relationship between insularity, spatial planning, and the development of social structures, focusing on the challenges faced by Kos in terms of infrastructure, social cohesion, healthcare provision, housing pressure, climate resilience, and sustainable development. At the same time, it proposes strategic interventions that could contribute to the creation of a more resilient, inclusive, and sustainable island development model.</p>		
Short CV:		
<p>I was born and raised on the island of Kos, Greece. In 2005, I graduated from the Department of Physical Education and Sport Science of the Democritus University of Thrace with a specialization in Physical Education for Individuals with Disabilities.</p> <p>I hold a Master's Degree in Health Unit Management and a Master's Degree in Sports Management.</p> <p>Since 2008, I have been working as a Physical Education Teacher at the Svoureneio Creative Activity Center for People with Disabilities of the Municipality of Kos. Since 2015, I have served as Director of the Center, where I have developed innovative inclusive initiatives and community interaction programs promoting participation, equality, and social inclusion for people with disabilities.</p> <p>I have designed and implemented numerous educational and social programs, including:</p> <ul style="list-style-type: none"> <li>• "Co-Education in Practice"</li> <li>• "We Are One Together"</li> <li>• "Getting to Know the Beaches of My Island"</li> <li>• "Creating Together"</li> <li>• Environmental Education Programs</li> <li>• Adapted Traffic Education Programs</li> </ul>		

Event:



The banner features a classical Greek head profile on the left. To its right is the ASHRAE logo with the text 'ENDORSED BY' above it. The central text reads 'HEALTH in BUILDINGS' in a smaller font, followed by 'HYGEIA 2026' in a large, bold font, and the tagline 'where the medical & engineering professions collaborate & innovate' in italics below. On the right side, there are logos for 'ASHRAE Hellenic Chapter' and 'TEE'.

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Since 2019, I have served as Regional Coordinator of the Aegean Region for Special Olympics Hellas. In 2023, I participated in the Special Olympics World Games in Berlin as a member of the Greek delegation.

In 2025, I was a speaker at the Interdisciplinary Special Education Conference in Athens with the presentation:

“The Role of Modern Centers in Strengthening Social Empathy.”

In 2022, together with psychologist Peggy Salourou and educator Drosi Tzekou, we founded the non-profit organization “ARSINOI”, where I serve as President. The organization focuses on reducing social discrimination, supporting vulnerable social groups such as people with disabilities and individuals with Alzheimer’s disease, and promoting social solidarity and inclusion on the island of Kos.

One of our main goals is the establishment of a Supported Living Facility for people with disabilities on the island of Hippocrates, addressing a major and long-standing social need for the local community.